

Reference Number: 09/261a/PS

Activity Title: Using and Improving School Grounds

Purpose: To provide participants with strategies for developing school grounds through incorporating cross-curricular teaching and learning opportunities.

Further Details: The activity will

- help participants understand why school grounds matter and how they contribute towards the healthy schools agenda;
- help participants understand the grounds development process as a strategy for managing change;
- explore practical activities to use with pupils as part of the grounds development process.

The course will be led by Iluska Farkas from the 'Growing Schools Garden' project based in Eltham. This project was originally DfES sponsored and is now spreading its messages across London.

The course costs include a resource pack, and there will be further opportunities after the course to arrange site visits, school-based work and/or further twilight sessions to follow up school-based work later in the year.

Target Group: School leaders, teaching staff, and school support staff

Key Stages: Foundation, 1, 2, 3

Dates, Times, Venue: Monday 29th June 2009 9:30am-4:00pm Croydon PDC

Charges: **Code B** £172.00
Number of sessions 2.0

Activity Organiser: Head of CPD

Reference Number: 09/262a/PS

Activity Title: Healthy Schools Network Meeting

Purpose: Termly network meeting for Healthy Schools.

Further Details: The activity will

- provide the latest updates and developments in the core themes of PSHE, Healthy Eating, Physical Activity and Emotional Health and Wellbeing
- provide any relevant CPD opportunities
- provide an opportunity to share good practice and discuss issues of common interest or concern.

All members of the Healthy Schools team will be present i.e. PSHE Consultant, Healthy Schools Link Adviser (SRE), Drugs Alcohol Tobacco and Volatile Substance Abuse Adviser, Schools Dietician and Catering Manager, Healthy Schools Police Officers.

Target Group: Healthy school co-ordinators

Key Stages: Foundation, 1, 2, 3, 4, 5

Dates, Times, Venue: Tuesday 9th June 2009 9:00am-4:15pm Croydon PDC

Further Meetings **09/262b/PS**
Wednesday 4th November 2009 9:00am-4:15pm Croydon PDC

09/262c/PS

Wednesday 17th March 2010

9:00am-4:15pm Croydon PDC

Charges: **Code C** No Charge
Number of sessions 2.0

Activity Organiser: Joe Adolphe

Reference Number: 09/263a/PS

Activity Title: Drug, Alcohol & Tobacco Education for Primary Teachers

Purpose: To provide primary teachers with the knowledge, skills and understanding to confidently teach Drug Education in KS1 and 2.

Further Details: The activity will

- inform teachers about the statutory and non-statutory requirements for Drug Education
- assist teachers to produce a Drug Education policy and implement the approved Croydon SoW for both KS1 and 2
- provide teachers with practical teaching skills, strategies and approaches to confidently and effectively teach Drug Education.

This activity supports National Healthy School Status, Core theme: PSHE.

This activity will be delivered by Louise Stotesbury Healthy School Advisor.

Target Group: All teachers in KS1 and 2

Key Stages: 1, 2

Dates, Times, Venue: Tuesday 29th September 2009 9:15am-4:30pm Croydon PDC

Repeat Activity **09/263b/PS**
Thursday 25th February 2010 9:15am-4:30pm Croydon PDC

Charges: **Code B** £172.00
Number of sessions 2.0

Activity Organiser: Louise Stotesbury

Reference Number: 09/264a/PS

Activity Title: Drug, Alcohol & Tobacco Education for Secondary Teachers

Purpose: To provide secondary teachers with the knowledge, skills and understanding to confidently teach Drug Education in KS3 and 4.

Further Details: The activity will

- inform teachers about the statutory and non-statutory requirements for Drug Education
- explore the links between Drug Education and other health related issues especially sexual activity and sexual health
- assist teachers to produce a Drug Education policy and Drug Education programme for both KS3 and 4
- provide teachers with practical teaching skills, strategies and approaches to confidently and effectively teach Drug Education.

This activity supports National Healthy School Status, Core Theme: PSHE.

This activity will be delivered by Louise Stotesbury, Healthy Schools Advisor

Target Group: PSHE co-ordinators, healthy schools co-ordinators

Key Stages: 3, 4
Dates, Times, Venue: Thursday 19th November 2009 9:15am-4:30pm Croydon PDC
Charges: **Code B** £172.00
Number of sessions 2.0
Activity Organiser: Louise Stotesbury

Reference Number: 09/265a/PS
Activity Title: An introduction to the National PSHE CPD Programme
Purpose: The activity will provide teachers who would like to undertake the DfES CPD course 'Certification of the teaching of PSHE' with an overview of what is required.
Further Details: The activity will

- explain the process and demands of the 'Certification' and activities that teachers need to undertake to achieve accreditation.

Target Group: Teachers with at least 3 years' experience who teach PSHE
Key Stages: 1, 2, 3, 4, 5
Dates, Times, Venue: Wednesday 17th March 2010 4:15pm-5:15pm Croydon PDC
Charges: **Code C** No Charge
Number of sessions 0.5
Activity Organiser: Joe Adolphe

Reference Number: 09/266a/PS
Activity Title: PSHE: How can we assess it?
Purpose: To provide teachers with the skills to confidently assess PSHE.
Further Details: The activity will

- explore why the assessment of children's learning in PSHE causes confusion
- clarify the importance of assessment and how this can help identify the learning needs of children and support future planning
- familiarise teachers with QCA guidance and requirements
- explore a range of assessment and evaluation strategies and tools that are particularly suited to PSHE.

This activity supports National Healthy Schools Status: PSHE 1.1, 1.2 and 1.3.
This activity will be delivered by Joe Adolphe, PSHE Consultant.

Target Group: PSHE Co-ordinators, healthy schools co-ordinators and teachers
Key Stages: 1, 2, 3, 4
Dates, Times, Venue: Thursday 2nd July 2009 9:15am-4:30pm Croydon PDC
Repeat Activity **09/266b/PS**
Tuesday 19th January 2010 9:15am-4:30pm Croydon PDC

Charges: **Code B** £172.00
Number of sessions 2.0

Activity Organiser: Joe Adolphe

Reference Number: 09/267a/PS

Activity Title: Secondary SHADE (Sexual Health & Drugs Education): Network

Purpose: To provide teachers, and other professionals (eg schools nurses, social workers, youth workers working with secondary aged young people) with opportunities for learning, sharing good practice, networking, and keeping abreast of local and national developments in Sex and Relationships Education and Drugs, Alcohol, Tobacco, and Volatile Substance Abuse.

Further Details: The activity will

- explore the latest activities, approaches, and methods for working with young people in these areas
- look at new resources to aid their work
- provide opportunities for professionals to be updated on what is going on nationally and in Croydon around young people, sexual health and drugs
- provide opportunities to share examples of their own good practice and to network with professionals from other disciplines
- enable participants to choose relevant themes within sexual health and drugs to inform future SHADE training.

Topics change each term depending on local needs and participants' evaluation.

This activity supports National Healthy Schools Status - Core Theme: PSHE.

This event is Free for Croydon LA schools but there is a £50 charge for those who enroll but do not attend on the day without giving at least 48 hours notice.

Target Group: Teachers who teach sex and relationship education & drug education, PSHE co-ordinators, healthy school co-ordinators, and other professionals working with secondary aged young people eg school nurses, social workers, youth workers, CAMHS workers

Key Stages: 3, 4

Dates, Times, Venue: Thursday 25th June 2009 9:00am-4:30pm Croydon PDC

Repeat Activity **09/267b/PS**
Tuesday 1st December 2009 9:00am-4:30pm Croydon PDC

Repeat Activity **09/267c/PS**
Wednesday 24th March 2010 9:00am-4:30pm Croydon PDC

Charges: **Code C** £172.00 (Except for Croydon LEA schools)
Number of sessions 2.0

Activity Organiser: Louise Stotesbury

Reference Number: 09/268a/PS

Activity Title: Primary SHADE (Sexual Health & Drugs Education): Network

Purpose: To provide teachers and other professionals (eg school nurses, social workers, youth workers, CAMHS workers working with primary aged children) with opportunities for learning, sharing good practice, networking, and keeping abreast of local and national developments in Sex and Relationships Education and Drugs, Alcohol, Tobacco, and Volatile Substance Abuse.

Further Details: The activity will

- explore the latest activities, approaches, and methods for working with children in these areas
- look at new resources to aid their work
- update professionals on what is going on nationally and in Croydon around children, SRE, and drugs
- provide opportunities to share examples of their own good practice and to network with professionals from other disciplines
- enable participants to choose relevant themes within SRE and Drugs to inform future SHADE training sessions.

Topics change each term depending on local needs and participants' evaluation.

This activity supports National Healthy Schools Status - Core Theme: PSHE.

This event is free to Croydon LA schools, but there is a £50 charge for those who enroll but do not attend on the day without giving at least 48 hours notice.

Target Group: Teachers who teach sex & relationship education & drug education, healthy schools coordinators, PSHE coordinators and other professionals who work with primary aged children eg school nurses, youth workers, CAMHS workers

Key Stages: 1, 2

Dates, Times, Venue: Tuesday 16th June 2009 9:00am-4:30pm Croydon PDC

Further Meetings **09/268b/PS**
Tuesday 17th November 2009 9:00am-4:30pm Croydon PDC

09/268c/PS
Wednesday 10th March 2010 9:00am-4:30pm Croydon PDC

Charges: **Code C** £172.00 (Except for Croydon LEA schools)
Number of sessions 2.0

Activity Organiser: Louise Stotesbury

Reference Number: 09/269a/PS

Activity Title: Sex and Relationship Education (SRE) for Primary Teachers

Purpose: To provide primary teachers with the knowledge, skills and understanding to confidently teach SRE in KS1 and 2.

Further Details: The activity will

- inform teachers about the statutory and non-statutory requirements for SRE
- assist teachers to produce a SRE policy and implement the approved Croydon SoW for both KS1 and 2
- provide teachers with practical teaching skills, strategies and approaches to confidently and effectively teach SRE.

This activity supports National Healthy Schools Status - Core Theme: PSHE.

This activity will be delivered by Caroline Davies, Healthy Schools Link Advisor.

Target Group: Teachers who teach SRE, PSHE co-ordinators, healthy schools co-ordinators

Key Stages: 1, 2

Dates, Times, Venue: Tuesday 19th May 2009 9:15am-4:30pm Croydon PDC

Repeat Activity **09/269b/PS**

Thursday 17th September 2009 9:15am-4:30pm Croydon PDC

Repeat Activity

09/269c/PS

Wednesday 3rd February 2010 9:15am-4:30pm Croydon PDC

Charges:

Code B £172.00

Number of sessions 2.0

Activity Organiser:

Caroline Davies

Reference Number: 09/270a/PS

Activity Title: Conflict Resolution and Facilitation Skills

Purpose: To support the school community with conflict resolution.

Further Details:

The activity will

- explain context and theory of restorative approaches
- develop skills for using the restorative approach in a variety of settings
- develop facilitation skills for working with multiple stakeholders in conflict
- explain how to implement the restorative approach in the school community.

Target Group:

PSHE co-ordinator, anti-bullying co-ordinator, staff with behaviour management responsibilities

Key Stages:

1, 2, 3, 4

Dates, Times, Venue:

Wednesday 30th September 2009 9:00am-4:00pm Croydon PDC
Thursday 1st October 2009 9:00am-4:00pm
Friday 2nd October 2009 9:00am-4:00pm
Friday 15th January 2010 9:00am-12:30pm

Repeat Activity

09/270b/PS

Tuesday 10th November 2009 9:00am-4:00pm Croydon PDC
Wednesday 11th November 2009 9:00am-4:00pm
Thursday 12th November 2009 9:00am-4:00pm
Friday 15th January 2010 1:00pm-3:30pm

Repeat Activity

09/270c/PS

Wednesday 3rd March 2010 9:00am-4:00pm Croydon PDC
Thursday 4th March 2010 9:00am-4:00pm
Friday 5th March 2010 9:00am-4:00pm

Charges:

Code B £602.00

Number of sessions 7.0

Activity Organiser:

Luke Roberts

Reference Number: 09/271a/PS

Activity Title: Anti-Bullying week planning day

Purpose: Opportunity to share good practice and plan for 2009.

Further Details:

The activity will

- up-date school on anti-bullying guidance
- discuss good practice and share resources
- plan activities on anti-bullying theme for 2009.

Target Group: PSHE co-ordinator, anti-bullying co-ordinator, staff with behaviour management responsibilities

Key Stages: 1, 2, 3, 4, 5

Dates, Times, Venue: Thursday 15th October 2009 9:00am-3:30pm Croydon PDC

Charges: **Code B** £172.00
Number of sessions 2.0

Activity Organiser: Luke Roberts

Reference Number: 09/274a/PS

Activity Title: Award in Healthier Foods and Special Diets

Purpose: To provide accredited learning for cooks.

Further Details: The activity will

- discuss relationships between nutrition, diet and health
- discuss nutrition requirements of different population groups
- discuss current policy, legislation and voluntary guidelines
- discuss the effects of food processing on nutrient content.

This course will be led by Mel Taylor, Good Food Training for London.

Target Group: School / Public sector cooks

Key Stages: Foundation, 1, 2, 3, 4, 5

Dates, Times, Venue: To be advised

Charges: **Code C** £172.00 (Except for Croydon LEA schools)
Number of sessions 2.0

Activity Organiser: Joe Adolphe

Reference Number: 09/275a/PS

Activity Title: Essential Cooks' Training

Purpose: To provide basic training for cooks.

Further Details: The activity will

- provide customer care awareness and skills to provide an insight into how better 'customer care' can increase uptake of meals
- provide food preparation - appreciate the role of expectations in serving culturally or regionally specific dishes.

This course will be led by Mel Taylor from Good Food Training.

Target Group: School and public sector cooks

Key Stages: Foundation, 1, 2, 3, 4, 5

Dates, Times, Venue: To be advised

Charges: **Code C** £172.00 (Except for Croydon LEA schools)
Number of sessions 2.0

Activity Organiser: Allyson Lloyd

Reference Number: 09/276a/PS

Activity Title: Essential Cooks Training ~ Menu Planning and Design

Purpose: Essential training to achieve high quality meals.

Further Details: The activity will

- provide planning considerations like presentation and portion size
- learn where to spend and save money on ingredients to maintain quality
- appreciate the need for real choice on a menu
- awareness of culturally appropriate foods such as Halal or vegetarian.

This course will be led by Good Food Training for London.

Target Group: School and public sector cooks

Key Stages: Foundation, 1, 2, 3, 4, 5

Dates, Times, Venue: To be advised

Charges: **Code C** £172.00 (Except for Croydon LEA schools)
Number of sessions 2.0

Activity Organiser: Allyson Lloyd

Reference Number: 09/277a/PS

Activity Title: Lunchtime Supervisors' Training

Further Details: The activity will

- provide awareness of healthy eating for children and school food nutrition
- reinforce the importance of the lunchtime supervisors' role
- explore practical ideas for encouraging positive play
- improve the dining room experience.

Target Group: Lunchtime supervisors and lunchtime supervisor managers

Key Stages: Foundation, 1, 2, 3, 4, 5

Dates, Times, Venue: To be advised

Charges: **Code C** £172.00 (Except for Croydon LEA schools)
Number of sessions 2.0

Activity Organiser: Allyson Lloyd

Reference Number: 09/278a/PS

Activity Title: The "Good Life" in schools

Purpose: To provide basic knowledge of how schools can benefit from using the living environment as a school resource.

Further Details: The activity will

- create a small growing area in the school grounds
- explain where sustainable foods come from and the role of farmers and

- growers
- explain an effective and exciting way of teaching by the study of growing plenty
- share good practice.

Target Group: Healthy school co-ordinator, design and technology teachers

Key Stages: Foundation, 1, 2, 3, 4, 5

Dates, Times, Venue: To be advised

Charges: **Code C** £172.00 (Except for Croydon LEA schools)
Number of sessions 2.0

Activity Organiser: Allyson Lloyd

Reference Number: 09/279a/PS

Activity Title: Nutrition in the Primary Curriculum

Purpose: A workshop focusing on building knowledge and confidence for teachers introducing nutrition into their curriculum.

Further Details: The activity will

- provide guidance and up-to-date information with Healthy School targets for healthy eating
- introduce the nutrition scheme of work for KS1 and KS2 teachers.

Target Group: KS1/2 teachers

Key Stages: 1, 2

Dates, Times, Venue: Wednesday 25th November 2009 9:15am-4:30pm Croydon PDC

Charges: **Code C** £172.00 (Except for Croydon LEA schools)
Number of sessions 2.0

Activity Organiser: Louise Stotesbury

Reference Number: 09/344a/BA

Activity Title: Critical Incidents, Bereavement and Loss

Purpose: To enable staff to respond to the emotional needs of children and develop strategies to manage critical incidents in school.

Further Details: The activity will

- raise awareness of the needs of children experiencing grief and loss
- consider the developmental stages of children and their understanding of death and loss
- support staff in planning a school response to a critical incident.

This activity will be led by colleagues from the Educational Psychology Service.

Target Group: Headteacher, inclusion managers, teachers

Key Stages: 1, 2, 3, 4, 5

Dates, Times, Venue: Tuesday 2nd March 2010 9:30am-3:30pm Croydon PDC

Charges: **Code B** £172.00
Number of sessions 2.0

Activity Organiser: Bob Tyler
